



# Infant Food List

		
Carrot Pear Blackberry	Squash Apple Corn	Sweet Potato Apple Pumpkin
		
Pumpkin Banana	Sweet Potato Mango Kale	Carrot Mango Pineapple

## INFANT MEATS

For Exclusively Breastfeeding Participants Only;  
Gerber Brand 2nd Foods Only;  
2.5 oz. Glass Jars Only;  
Only the Specific Types as listed:

	
Beef and Gravy	Chicken and Gravy
	
Ham and Gravy	Turkey and Gravy



This institution is an equal opportunity provider.



## INFANT CEREAL

Gerber Brand Only; 8 ounces Containers Only;  
All Flavors of Iron Fortified Cereal

**NOT ALLOWED:** With Added Fruit; With Added  
DHA/ARA; Cereal in Jars; Variety Packs



Rice	Oatmeal	Multigrain	Whole Wheat
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## INFANT FRUITS

Gerber Brand Second Foods Only;  
4 ounces Plastic Containers Only;  
Only the Specific Types as listed:



Banana	Pear	Apple
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Peach	Apple Blueberry	Apple Strawberry Banana
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Banana Blackberry Blueberry	Banana Apple Pear	Apple Cherry
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Banana Plum Grape	Apricot Mixed Fruit	Pear Pineapple
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Prune Apple	Pear Zucchini Corn	Banana Carrot Mango
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Apple Peach Squash	Banana Orange Medley
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Mango	Apple Avocado
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## INFANT VEGETABLES

Gerber Brand Second Foods Only;  
4 ounces Plastic Containers Only;  
Only the Specific Types as listed:



Carrots	Green Bean	Pea
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Sweet Potato	Butternut Squash	Pea Carrot Spinach
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Carrot Sweet Potato Pea	Sweet Potato Corn	Pumpkin
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