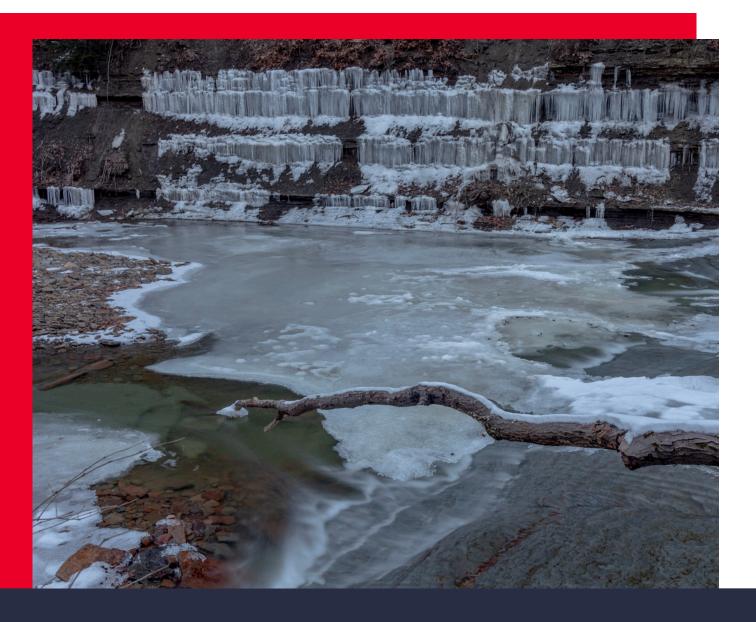
# 2023-2025 Lake County Community Health Improvement Plan



# Quarterly Report

# **Quarterly Report** Structure & Process

The goal of these quarterly reports is to provide public-facing status updates related to the 2023 - 2025 Lake County Community Health Improvement Plan (CHIP) in a timely manner.

All 2023 to 2025 Lake County Community Health Improvement Plan partner organizations, community stakeholders, and interested community members will meet quarterly to report progress toward identified strategies, discuss opportunities to revise or enhance current strategies, and review any emerging Lake County health trends.

Annually, the group will review emerging Lake County health data and determine if revisions to priority areas or selected strategies is warranted. CHIP Indicators will be tracked annually, reviewed by the group, and posted to LCGHD's website.

You can find the initial CHIP, progress reports, and other updates for your review at https://www.lcghd.org/lake-county-health-needs-assessment-plan/

# QUARTERLY REPORTS WILL INCLUDE:

- Recap of the previous quarter
- Highlights and challenges
- Goals for the coming quarter
- Breakouts of each workplan with updates
- Any additional notes and callouts pertinent to the success of the Community Health Improvement Plan (CHIP)

# CHIP Overview Q1 2024 Recap & Summary

## **HIGHLIGHTS**

LCGHD's Epidemiology Team presented the annual update of indicators being tracked in the CHIP. Green indicates areas tracking better, red indicates areas tracking worse.



Kindergarten Readiness Child Food Insecurity Overall Food Insecurity Uninsured Children Drug Overdose Deaths Suicide Deaths Adult Depression Adult Diabetes
Coronary Artery Disease
Adult Obesity
Poor Health Days
Frequent Physical Distress
Child Mortality
Adult Smoking



Uninsured Adults
Adult Binge Drinking
Impaired Driving Deaths
High Blood Pressure

Diabetes Death Rate Life Expectancy Premature Mortality Rate

# **CURRENT CHALLENGES**

- Data is just a snapshot in time, and may lag for several years
- Some indicators are still experiences the after-effects of the COVID-19 pandemic.

# **GOALS FOR NEXT QUARTER**

Plan for Q2 (April- June 2024)

- Continue progress on Year 2 activities
- Update CHIP with strategy modifications.

# Priority Area 1: Community Conditions

Strategy 1: Storybook Trails

Objective: By Décember 31, 2025, establish three Storybook Trails in Lake County

municipal, regional, or state parks.

Lead Agency: Lifeline **Measure of Success:** 

1. Number of trails established

**Status Update:** One trail completed in Painesville. LCGHD and Lifeline to approach Metroparks.

- 1. Identify funding source
- 2. Engage libraries and community members in target areas
- 3. Work with local, state, regional park systems in target area
- 4. Establish and promote the trails

**Strategy 2:** Lifeline's Lake County Imagination Library **Objective:** By December 31, 2025, increase the number of children enrolled in the Imagination Library to 50% of eligible children, as reported by Ohio's Imagination Library.

**Lead Agency:** Lifeline **Measures of Success:** 

- 1. Percentage of eligible Lake County children participating
- 2. Number of children in priority zip codes participating
- 3. Number of outreach events/presentations conducted each year
- 4. Percentage of annual fundraising goal reached

**Status Update:** Currently at over 60% of eligible children enrolled



Year 2 Activities

1. Continue Year 1

Strategy 3: Supplemental Nutrition Program of Women, Infants, and Children (WIC) **Objective:** By December 31, 2025, increase WIC caseload by 10% in all Lake County clinic locations.

Lead Agency: Lake-Geauga WIC

**Measure of Success:** 

1. Number of WIC participants

Status Update: Enrollment continuing to increase across all clinics



- 1. Promote WIC services through social media, health fairs/events, mailings, coalitions, etc.
- 2. Utilize referral systems through Unite Us, Coeffective, and Lake County JFS.













# Priority Area 1: Community Conditions

**Strategy 4:** Lake County Mobile Food Pantry

**Objective:** By December 31, 2025, insure that 95% of all available appointments for Lake County's Mobile Food Pantry are full.

Lead Agency: Lifeline Measure of Success:

1. Percentage of appointments filled per location

**Status Update:** Still tracking at 95% appointment slots full. Recipe cards have been added to the distribution. Program extended.

- 1. Confirm local food pantry dates and locations in 2024
- 2. Identify advertising opportunities in priority census tracts
- 3. Conduct distribution events
- 4. Confirm funding for calendar year 2024







# Priority Area 2: Access to Care

**Strategy 1:** Improve access to healthcare through creation of workforce pipeline and development opportunities to pursue careers in healthcare. Improve inclusive healthcare access for community members, especially those impacted by high cost due to being uninsured or underinsured with a high deductible to improve referrals to primary care

primary care **Objective:** By December 31, 2025, create and enhance existing programs for local students to understand and pursue careers in healthcare and address gaps to improve

access to healthcare.

Lead Agency: University Hospitals Lake Health

### **Measures of Success:**

- 1. 50 primary care referrals received
- 2. 15 career fair/day opportunities attended
- 3. 15 college scholarships provided
- 4. 5 new business partnerships created
- 5. 15 employees using Laketran

**Status Update:** Workforce pipeline activities underway, including Scholars program



- 1. Utilize community health workers and community partners to improve access and referrals to primary physicians
- 2. Partner with local schools at career fairs and participate in career days to increase knowledge of opportunities within healthcare
- 3. Partner with local colleges to promote college internships and career fair participation
- 4. Provide career shadowing experiences
- 5. Partner with local business and community partners to create STEM opportunities for early academic engagement
- 6. Partner with Laketran to provide transportation to jobs at UH Lake West
- 7. Address desired raise in qualitative community survey by providing referrals in the community that are inclusive and relatable









# Priority Area 2: Access to Care

**Strategy 2:** Establish a Lake County Healthcare Access Subcommittee. **Objectives:** By March 31, 2023, convene the first meeting of the Lake County Access to Healthcare subcommittee. By December 31, 2023, review available supplemental data and identify strategic objectives to complete in 2024 and 2025.

Lead Agency: Lake County General Health District

### **Measures of Success:**

- 1. Number of subcommittee members
- 2. Number of strategies identified
- 3. Number of strategies with documented progress

**Progress Update**: Access to care survey to be issued summer 2024. Eastlake Resource Center in progress as a strategy to increase access. Will be added to CHIP.

### **Year 2 Activities**

1. Conduct Access to Care Survey, using partner expertise.

Strategy 3: Use the Unite Us platform to connect Lake County residents to healthcare providers and community resources/services. **Objective:** By December 31, 2025, increase the number of Lake County organizations enrolled in the Unite Us platform by 100%.

**Lead Agency:** Lake County General Health District

### **Measures of Success:**

- 1. Number of Lake County providers using Unite Us
- 2. Number of patient/clients referrals in platform

**Status Update:** Currently 78 Lake County providers enrolled



- 1. Health education and resource development
- 2. Reach out to 20 providers annually (introduce and recruit); increase from 20 baseline
- 3. Acquire, develop, and standardize bi-annual analytic report to share with partners













# Priority Area 3: Mental Health & Substance Use and Misuse

Strategy 1: University Hospitals Lake Health and public health partners address

opioids/substance use/misuse and mental health. **Objective:** By December 31, 2025 increase knowledge regarding substance use/misuse and associated management, as well as support strategies and improve mental health with a focus on priority populations identified.

**Lead Agency:** University Hospitals Lake Health, with partnerships from other community organizations **Measure of Success:** 

- 1. 50 project DAWN kits distributed
- 2. 100 pounds of unused drugs collected
- 3. 6 music therapy guided support groups held with 20 participants
- 4. 24 community and school education events attended
- 24 community events for mental health services

**Status Update:** Strategies in progress



### Year 2 Activities:

- 1. Participation in biannual National Drug Take Back Days with University Hospitals Lake Health pharmacists providing education and Project Dawn kits
- 2. Music therapist guided support groups aimed at mental health supports
- 3. Depression and suicide awareness events in schools and with community partners
- 4. Smoking, drug use/misuse, and alcohol use education included at community events and schools
- 5. Provide community referrals to accessible mental health services at local clinic and offices, with virtual, affordable access

**Strategy 2:** Initiate a community-wide alcohol use and prevention campaign. Objective: By December 31, 2025, establish a county-wide alcohol use and prevention campaign using local service providers.

Lead Agency: Lake County ADAMHS Board

### **Measures of Success:**

- 1. Number of providers utilized
- 2. Number of clients served
- 3. Number of presentations
- 4. Number of social media posts/engagements
- 5. Number of materials distributed

Status Update: Binge-Drinking campaign implemented via billboard, social media ads, etc. Very successful.

Plan to extend.

- 1. Use data to identify trends in ETOH use
- 2. Include content Board presentations
- 3. Create social media messaging
- 4. Develop and distribute materials











# Priority Area 3: Mental Health & Substance Use and Misuse

**Strategy 3:** Expansion of treatment and access for Opioid Use Disorder. **Objective:** By December 31, 2025, increase the number of individuals receiving treatment for Opioid Use Disorder.

Lead Agency: Lake County ADAMHS Board

### **Measures of Success:**

- 1. Number of patients receiving Medication-Assisted Treatment (MAT)
- 2. Number of providers offering MAT
- 3. Number of patients receiving withdrawal medications

**Status Update:** Activities continuing



### **Year 2 Activities:**

- 1. Provide residential treatment through LGRC
- 2. Provide recovery housing at LGRC
- 3. Provide prevention screening in the Lake County Courts
- 4. Provide Jail Treatment Program and Opioid Use screenings in the Lake County Jail

**Strategy 4:** Assessing and Managing Suicide Risk (AMSR) Screenings **Objective:** By December 31, 2025, increase the number of local clinicians trained in Assessing and Managing Suicide Risk (AMSR) and expand ongoing suicide awareness and prevention activities.

Lead Agency: Lake County ADAMHS Board

### **Measures of Success:**

- 1. Number of clinicians trained
- 2. Number of screenings conducted
- 3. Number of organizations receiving training materials

**Status Update:** Clinicians being trained



- 1. Contact local providers and provide AMSR trainings for clinicians
- 2. Promote Crisis Text Line, Crisis Hotline, and Compass Line via social media
- 3. Expand relationships with faith-based community
- 4. Partner with organizations who serve individuals at increased risk for suicide









# Priority Area 3: Mental Health & Substance Use and Misuse

**Strategy 5:** Strength of Suicide & Signs of Suicide and Sources of Strength Trainings Objective: By December 31, 2025, increase the number of Lake County schools' staff receiving suicide trainings in the school setting.

Lead Agency: Lake County ADAMHS Board

### Measures of Success:

- 1. Number of trainings implemented
- 2. Number of schools participating
- Number of staff trained

**Status Update:** No update at this time 🔀



**Year 2 Activities** 

Contact school personnel, in order to schedule and conduct presentations

Strategy 6: School/Site-Based Mentoring

Objective: By December 31, 2025, increase the number of students participating in group mentoring by 20% in Lake County school/site locations.

**Lead Agency:** Torchlight Youth Mentoring Alliance

### **Measures of Success:**

- 1. Number of site locations
- 2. Number of elementary, middle, and high school mentees
- 3. Number of high school mentors

**Status Update:** School mentoring sites increased from three to five over the last school year.



- 1. Confirm school/site locations
- 2. Solicit participation from mentees and mentors
- Explore new partnerships for mentors
- 4. Ongoing evaluation of site locations











# Priority Area 3: Mental Health & Substance Use and Misuse

**Strategy 7:** Youth-Facilitated Healthy Relationship Pilot Project **Objective:** By December 31, 2025, establish a youth-facilitated, school based pilot project designed to promote healthy boundaries and relationships. The program seeks to raise awareness of abusive behaviors, reduce or eliminate abusive behaviors and societal tolerance of them, improve mental wellness, and support healthy choices.

**Lead Agency:** Forbes House

### **Measures of Success:**

- 1. Number of students trained as facilitators
- 2. Number of students participating in groups/guided sessions

Status Update: Program began at Perry High School in winter 2024. 🚺



- 1. Identify evidence-based program content
- 2. Train youth facilitators
- Conduct sessions
- 4. Evaluate results
- 5. Modify program content as necessary







# Priority Area 4: Chronic Disease

**Strategy 1:** Community engagement to provide screening, education, and support groups to prevent and/or manage chronic diseases.

**Objective:** By December 31, 2025, increase prevention and early detection, and knowledge regarding chronic diseases and associated management strategies with a focus on identified priority populations.

**Lead Agency:** University Hospitals Lake Health

### **Measures of Success:**

- 1. 36 health screenings conducted in the community
- 2. 60 community events attended
- 3. 12 diabetes management support activities health
- 4. 50 people participating in diabetes management and support groups
- 5. 5 new partnership opportunities established
- 6. 20 food insecurity event activities conducted

**Status Updates:** Activities in the community ongoing



### **Year 2 Activities:**

- 1. Provide screening and/or educational events by promoting free events within the county, at health fairs, hospital screening events, corporations, senior centers, recreation centers, and libraries
- 2. Provide diabetes management and support groups (goal of 40 participants annually), healthy cooking demonstrations, walking groups/events, wellness support groups, women's and men's health events
- 3. Partner with key community groups including Leadership Lake County, United Way, Black Lives Matter, NAACP, LGBTQ+ Community, and Senior Focused Organizations, such as the Lake County Council on Aging and the Lake County Commissioners in order to meet the needs identified in the CHNA Community Survey
- 4. Target at least 1,000 people via corporations, schools, churches, senior centers, community health fairs, recreation centers, and libraries
- 5. Address food insecurity at community outreach events, farmers markets, free produce distribution in prioritized areas, utilizing community health workers and community partners

**Strategy 2:** WIC Farmer's Market Nutrition Program **Objective:** By December 31, 2025, increase WIC Farmer's Market Nutrition Program (FMNP) redemption rate to 50% per Lake County location.

Lead Agency: Lake-Geauga WIC

### **Measures of Success:**

- 1. Percentage of Lake County WIC participants who qualify for the FMNP
- 2. Percentage of Lake County WIC participants who redeem the FMNP coupons



**Status Update:** 2023 Final Rates: Chardon 50.60%, Middlefield - 45.16%, Painesville - 51.35%, Wickliffe - 29.28%, Madison - 40.73%

- 1. Distribute coupons to qualifying families
- 2. Pilot nutrition education activity days in Painesville and Wickliffe
- 3. Call WIC participants who have received FM coupons and remind them to redeem them by October 31st
- 4. Evaluate redemption results
- 5. Plan for Year 3









# Priority Area 4: Chronic Disease

**Strategy 3:** Healthy Food Access in Food Pantries

Objective: By December 31, 2025, assist five Lake County food pantries with developing nutrition policies and plans.

**Lead Agency:** Lake County General Health District

### **Measures of Success:**

- 1. Number of policies implemented
- 2. Number of clients served per food pantry

**Status Update**: Implementation at two pantries completed, LCGHD seeking new partners.



### **Year 2 Activities:**

1. Identify food pantries in zip codes scoring higher on food insecurity index, engage stakeholders, assess existing policies, provide tools and resources to enable successful policy implementation

**Strategy 4:** Access to Tobacco Cessation Services

**Objective:** By December 31, 2025, increase the number of referrals by 10% for tobacco cessation programs, through either the Ohio Tobacco Quitline or My Life My Quit.

Lead Agency: Lake County General Health District

### Measures of Success:

- 1. Number of referral partners/programs
- Number of referrals

Status Update: Still seeking numbers from ODH.

### **Year 2 Activities**

- 1. Identify tobacco cessation programs and providers in Lake County, engage providers, assess existing referral process, provide tools and resources to enable an increase in referrals
- Evaluate results

**Strategy 5:** Tobacco Retail Licensing

Objective: By December 31, 2025, pass and implement a tobacco retail license ordinance in one Lake County municipality.

**Lead Agency:** Lake County General Health District

### **Measures of Success:**

1. Number of policies implemented

Status Update: State legislature made local tobacco control laws illegal. Currently in court. LCGHD will not

pursue at this time.

**Year 2 Activities** 

**Symbols** 

None







